



## INTRAVENOUS SEDATION PRE-OPERATIVE INSTRUCTIONS

- Please arrive promptly for your appointment.
- It is sensible to wear loose, comfortable clothing and flat shoes.
- If it is a cold day please wrap up warm and wear gloves if possible. When we are cold the peripheral veins in the hands shrink which can make cannulation more difficult for us.
- Please do not eat anything for 4 hours prior to your appointment.
- You may have clear fluids up to 2 hours before your appointment and then nothing after that time.
- Please take any medications as normal unless otherwise requested by the dental team or sedationist.
- Please let Dr Mallorie know if your medical history has changed since you last saw him.
- If you think you may be pregnant, you need to let us know. You may need to come back to have your treatment at another time. You should let us know if you are breastfeeding.
- Please do not wear contact lenses on the day.
- Do not bring children with you.
- Dr Mallorie will need to monitor you carefully while you are sedated. To help with this, please **ensure you are not wearing nail varnish** and do not wear any make up or jewellery. Do not bring valuables with you.
- If you feel unwell the day before the procedure, please telephone us.
- Full payment for your dental visit will be taken on arrival prior to treatment as we are unable to take payments off you after sedation.
- Please arrange for someone to be present for your appointment and escort you home. They must be 18 years or older and physically able to get you home safely. They, or a responsible adult must stay with you until the following day. If you do not have an escort, you will not be able to have your procedure under sedation. After your treatment, you will be given a telephone number of who to contact if there are any problems.